

PTSD/TBI Combat vets and their Families spend quality time “Healing with Nature in Mind” at WilWin Lodge.

Voices of the Vets:

“I would like to thank the members of the American Legion Post in the Upper Peninsula, Mr. Lou Oberle, Mr. Bob Considine and Mr. Gary Tanner for giving us the opportunity to spend time at the WilWin lodge. It was a great setting for me and the other veterans to enjoy ourselves when so many of us find very little enjoyment in our lives otherwise. And, best of all, the retreat was a sincere act of gracious love given to us with no expectations or hidden agenda.”

“I felt safe surrounded by nature and my fellow PTSD vets and was able to sleep.”

“I appreciated being at the end of the road in the UP, being a family with each other, cooking, eating and cleaning up, taking walks, having safe places to go to in the Lodge’s and visit, making S’mores around the fire in the lodge and getting to know each other better.”

...”Thank you for letting us Heal with and in Nature: the deer in the early morning and the Whooping Cranes walking through the yard.”

..”We laughed watching the DVD, *What About Bob*. (We enjoyed) “having time together, alone, connecting and having our own “ ‘sacred spaces.’ ”

”I felt ‘abled’ with my other ‘disabled’ combat vets and our families. I want to do this again!”

The physical location and resources of the American Legion Lodge’s and wilderness is healing. The freedom of connecting with self/others and “Nature” is a form of Ecotherapy which heals traumatized people rather than treating them as patients who are diseased. WilWin is a wonderful resource and I hope that the State American Legion will fully embrace and more fully actualize the potential of the Healing process through strategic planning and protection of this wonderful place.

Respectfully and Thankfully;
Mark S. Kane, PhD
Licensed Psychologist